


Air Fryer Time & Temp

		°F
MEATS	(minutes)	(temp)
Chicken Breast	10	400
Whole Chicken	60	350
Chicken Tenders	18	360
Drumsticks	20	360
Wings	14	400
Fish Fillets	10	400
Salmon Fillets	12	380
Meatballs, small	6	400
Meatballs, large	10	400
Pork Chops	12	360
Pork Loin	55	360
Hamburgers	10	400
Hot Dogs	5	400
Bacon	10	400
Shrimp	5	400
Steak	12	400

VEGETABLES

Broccoli	5	400
Carrots	15	380
Cauliflower	12	400
Corn on the Cob	6	390
Potatoes	15	400
Squash	12	400
Sweet Potato	35	380
Zucchini	12	400

		°F
FROZEN FOOD	(minutes)	(temp)
Onion Rings	8	400
French Fries	14	400
Mozzarella Sticks	8	400
Sausage Balls	10	320
Fish Sticks	10	400
Chicken Nuggets	10	400
Pretzels	12	400
Corn Dogs	8	400
Pizza	10	390

SNACKS

Mac & Cheese Bites	15	360
Meatball Bombs	6	360
Sausage Balls	10	320
Chili Cheese Tots	15	400
Crescent Dogs	8	400
Taco Crescents	7	400

DESSERTS

Pizookie	10	350
Apple Crisp	15	370
Chocolate Lava Cake	9	400
Pretzel Bites	5	400
Fried Oreos	7	360
Brownies	14	330
Fruit Pies	14	360

Full Recipes at <http://www.gracelikerainblog.com/tag/air-fryer/>

www.GraceLikeRainBlog.com